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Protecting A Lifetime Of Memories

Where Your Retirement Dreams Become Reality...

8 Things You Should Know About Debt!

- 1. Credit card debt averages. The average household with at least one credit card has nearly \$15,000 in credit card debt, and the average interest rate runs in the mid- to high teens, at any given time.
- **2. Some debt is good.** Borrowing for a home or college usually makes good sense. Just make sure you don't borrow more than you can afford to pay back and shop around for the best rates. Good debt is also classified as a debt in which you can write off the interest as a tax deduction.
- **3. Some debt is bad.** Don't use a credit card to pay for things you consume quickly, such as meals and vacations, if you can't afford to pay off your monthly bill in full, in a month or two. There's no faster way to fall into debt. Instead, put aside some cash each month for these items, so you can pay the bill in full. If there's something you really want but it's expensive, save for it over a period of weeks or months before charging it so that you can pay the balance when it's due and avoid interest charges.

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Is a Long-Term Care Policy Right For You?

Long-term care insurance is probably not for everyone, but—with soaring health care costs, insurers increasingly restricting coverage and eligibility, and people's need to stretch retirement savings through more years—it's a good idea to consider it seriously. Your goals should be to protect your assets, minimize your dependence on other family members, and control where and how you receive long-term care services.

On the other hand, consider the cost. Long-term care insurance is expensive. An individual who's 65 years old and in good health can expect to pay between \$2,000 and \$3,000 a year for a policy that covers nursing home care and home care, with premiums adjusted for inflation. You may not want to buy a policy if the cost of premiums will lower your standard of living or force you to give up other things you need right now. And look ahead, as well. Be sure you'll be able to afford the premiums if your income declines.

Key Issues to Review - Be sure you consider each of these issues:

-Coverage. You can choose long-term care policies that pay only for nursing home care, or only for home care. Or, you can opt to purchase coverage for a mixture of care options that includes nursing home, assisted living, and adult day care. Some will pay for a family member or friend to care of you in your home.

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NOVEMBER 2021

Interesting Facts:

- -The first Thanksgiving was in the Fall of 1621.
- -Since 1947, each year, the president of the U.S. pardons a turkey and spares it from being eaten for Thanksgiving dinner.
- -The Macy's Thanksgiving Day Parade began in 1924 with 400 employees marching from Convent Ave to 145th street in NYC.
- -The first 'TV. Dinners' were because in 1953 Swanson had so much extra turkey (260 tons) that a salesman told them they should package it onto trays with other sides like sweet potatoes and sell them.

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"Happiness is not something you postpone for the future; it is something you design for the present." -Jim Rohn

Thanksgiving Friends

Thanksgiving is a time For reviewing what we treasure, The people we hold dear, Who give us so much pleasure.

Without you as my friend, Life would be a bore; Having you in my life Is what I'm thankful for.

By Joanna Fuchs

Thanksgiving Delights

On Thanksgiving Day we're thankful

Our blessings all year through, For family we dearly love, For good friends, old and new.

For sun to light and warm our days, For stars that glow at night, For trees of green and skies of blue, And puffy clouds of white.

We're grateful for our eyes that see The beauty all around, For arms to hug, and legs to walk, And ears to hear each sound.

The list of all we're grateful for Would fill a great big book; Our thankful hearts find new delights Everywhere we look!

By Joanna Fuchs

8 Things You Should Know About Debt!

- **4. Keep your spending under control.** Most people spend thousands of dollars without much thought to what they're buying. Write down everything you spend for a month, cut back on things you don't need, and start saving the money left over or use it to reduce your debt more quickly.
- **5. Pay off your highest-rate debts first.** The key to getting out of debt efficiently is to first pay down the balances of loans or credit cards that charge the most interest, while paying at least the minimum due on all your other debt. Once the high-interest debt is paid down, tackle the next highest, and so on.
- **6. Don't just pay the minimum!** If you just pay the minimum due on credit card bills, you'll barely cover the interest you owe, and very little goes to the principal. On average it takes 12 to 15 years to pay off your balance using the minimum and doing this you'll end up spending thousands of dollars more than the original amount you charged.
- 7. Expect the unexpected, in other words be prepared! Build a cash cushion worth about three months to six months of living expenses in case of an emergency. If you don't have an emergency fund, a broken furnace or damaged car can seriously upset your finances.
- 8. Don't be so quick to pay down your mortgage. Don't pour all your cash into paying off a mortgage, if you have other debt. Mortgages tend to have lower interest rates than other debt, and you can deduct the interest you pay on the first \$1 million of a mortgage loan. (If your mortgage has a high rate and you want to lower your monthly payments, consider refinancing.)

Is a Long-Term Care Policy Right For You?

- -Daily or Monthly Benefit. The daily or monthly benefit is the amount of money the insurance company will pay for each day or month you are covered by a longterm care policy. If the cost of care is more than your daily or monthly benefit, you will need to pay the balance out of your own pocket.
- **-Benefit Period.** Your benefit period determines the length of time you will receive benefits from your policy. You can choose a benefit period that spans from two to six years, or the rest of your life.
- -Elimination or Waiting Period. During this period, you must pay all of your longterm care expenses out of your own pocket. This period could last anywhere from 0 to 100 days. The longer the waiting period is, the lower your premiums will be.
- -Inflation Protection. With health care costs rising to new heights every year, buying a policy without inflation protection is probably like buying a policy that won't cover much of your expenses. There are two main kinds of inflation protection: the right to add coverage at a later date; and automatic coverage increases.

Published by The Insurance Pro Shop For more information on Long-Term Care, please contact our office today!